

TOBACCO CESSATION PROGRAM

A Tobacco Cessation Program is now provided by the LGHIB for its covered members. Program literature can be obtained through our Wellness Program and on our website. For more information about available programs, please call *Alabama's Tobacco Quitline at 1-800-QUIT-NOW (1-800-784-8669) or visit www.quitnowalabama.com.* Both programs offer free master's level counseling and up to four weeks of free nicotine replacement therapy patches if you are in counseling with the Quitline and do not have medical contraindications.

The LGHIB will reimburse each member 80% of the cost of the program, with no deductible. There is a lifetime maximum benefit of \$150. Tobacco cessation seminars and certain forms of nicotine replacement are covered services. Forward your name, address, contract number and a copy of tobacco cessation program receipts to:

**Local Government Health Insurance Board
Wellness Division
PO Box 304900
Montgomery, AL 36130-4900**

Prescription medications for tobacco cessation are covered through the prescription drug program and are not subject to the \$150 lifetime maximum benefit.

Note: E-cigarettes are not eligible for reimbursement through the LGHIB's tobacco cessation program or as an approved tobacco cessation product.

All claims must be filed with the LGHIB, not BCBS.