

# myBLUECROSS

Check out the new and improved myBlueCross, where it really is all about you!

## Register for myBlueCross at AlabamaBlue.com

At Blue Cross and Blue Shield of Alabama, we want to make it easy for our members to take charge of their own health and wellness. That's why we created myBlueCross, our member website, and why we're making it even easier to use—so our members can find what they need, fast.

## Features & improvements include:

- 1 Action Items section** — Quickly guides members to important tasks
- 2 Search Claim Statements** — Brings claims search to the dashboard so it is more easily accessible
- 3 Care reminders** — Now easier to find, highlights gaps-in-care and helps members stay up-to-date
- 4 Member banners** — Moved from the bottom of the page, making messages easier to find and helping to close gaps-in-care

Depending on coverage, each member's dashboard will look a little different.

Visit myBlueCross at [AlabamaBlue.com](http://AlabamaBlue.com)



An Independent Licensee of the Blue Cross and Blue Shield Association

PER72-2305

**Account Summary** Customer Service: 1-877-370-7740

Currently Viewing Contract: BLU123456789

Other Insurance Coverage Information >

Common Copays >

View Summary of Benefits and Coverage >

Contract and Dependent Information >

ID Cards >

Benefit Booklets >

Summary of Benefits and Coverage >

[View Benefits and Coverage](#)

**Benefit Summary** Family Deductible - In Network Services

0.0% CHRISTINA SPENT DEDUCTIBLE \$0.00 \$300.00

21.9% Family SPENT DEDUCTIBLE \$196.84 \$900.00

[View Deductible Details >](#)

[View Out of Pocket Details >](#)

**Action Items** 0

**Frequently Visited**

Claim Statements >

View myBlueRewards >

Care Reminders >

**Manage My Contract**

ID Cards  
Order replacement ID cards.

Proof of Coverage Letter  
Request a letter of creditable coverage.

**Self Service**

Direct Deposit  
Have reimbursements or other payments transferred directly into your bank account.

Reimbursement History  
Review reimbursements you've received from us.

Identity Protection  
Identity Protection Services

Resources  
Access claim forms, watch videos and more.

Submit a Claim  
Submit a Claim

**Manage My Prescriptions**

Home Delivery Network  
Order specific drugs through AllianceRx Walgreens Prime in 90-day supplies.

Find Drug Pricing  
Estimate the cost for medication.

View Prescription History  
See your medication history.

Find Drugs/Pricing/Mail Order  
Find prescription drugs and pricing based on pharmacy.

**Health Programs**

Behavioral Health Services >

Tobacco Cessation Program >

Talk to a Nurse or Advisor >

Enroll in Baby Yourself >

**Forms & Materials** [View all Forms](#)

Medical Expense Claim >

Dental Claim >

Vision/Hearing Claim >

IRS Tax Form 1095 >

Prescription Drug Claim >

**Saving Money**

Learn about Access2day Health Benefits  
Learn about Access2Day Health Benefits

Know Where To Go  
Understand the right place to go to save money and receive the right type of care.

Treatment Cost Estimator  
Estimate your costs by location, physician, facility and more.

**myBlueWellness**

Care Reminders

BLOOD SUGAR LEVELS  
You are maintaining your blood sugar levels well.  
Keep it up!

50 85 250

WELLNESS SCORECARD  
Congratulations! You've completed 2 of 2 recommended health services.

100%

[See all Care Reminders](#)

Go to WebMD > Personal Health Record >

My Health Assistant > WebMD Symptom Checker >

Take the HealthQuotient (HQ) > WebMD Health Topics >

**DO YOU Know Where to Go?**

FAMILY DOCTOR? URGENT CARE? EMERGENCY ROOM? FIND OUT NOW

**myBlueRewards** Summary of Rewards Earned: \$0 Maximum Possible: \$400

Activity Description	Start Date	End Date	Reward (per Activity)	Earned
Time to Move Challenge	09/21/2020	11/13/2020	\$50 Payforward Debit Card	3

# MOBILE APPS & TOOLS



## Alabama Blue

MOBILE APP FOR PHONE & TABLET

Register for *myBlueCross* to get enhanced features using Alabama Blue

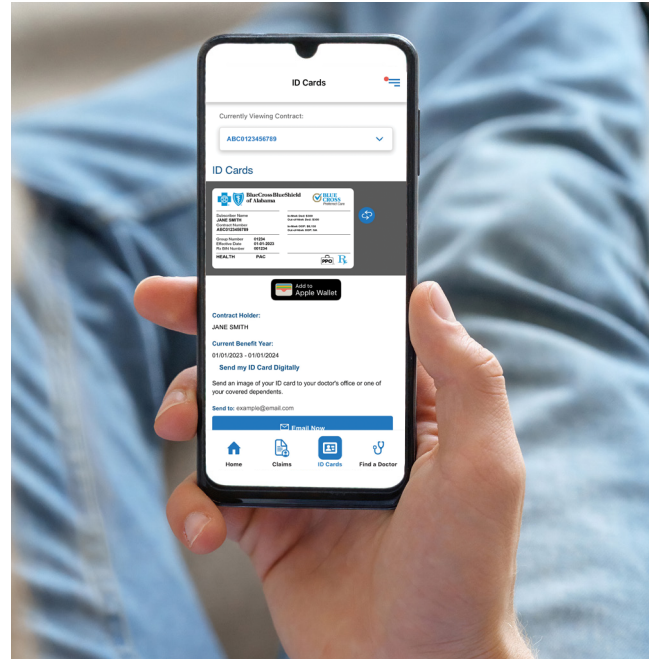


APPLE



ANDROID

- Easy login with Touch/Face ID options
- Check your claims and benefits
- View or email your ID card
- Track your deductible and out-of-pocket spend
- Find a doctor in your network
- Communicate securely with Customer Service



## BABY YOURSELF®

MOBILE APP FOR PHONE & TABLET

Tracks your baby's growth and your personal journey to motherhood



APPLE



ANDROID

- Enroll in the Baby Yourself Program right from the app
- One-button dialing to access your physician and/or Baby Yourself Nurse\*
- Photo gallery
- Use our trackers to track kicks, contractions, symptoms, etc.
- Daily pregnancy and parenting tips



\* For this service, you must be a Blue Cross and Blue Shield of Alabama member and enrolled in the Baby Yourself Maternity Program.

There is no charge from Blue Cross and Blue Shield of Alabama to download, but rates from your wireless provider may apply. This information is for educational purposes only and is not a substitute for personal care from a licensed physician. Please consult your physician for diagnosis and treatment options.

*myBlueWellness* is a wellness website provided by Blue Cross and Blue Shield of Alabama and powered by WebMD®. WebMD is an independent company providing health assessment tools, such as HealthQuotient®, to our customers.



*We cover what matters.*

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